Rhythm, connection and creativity.

An experience to share.



Join the rhythmic circle of Drumtastic Circle!

Schools · Businesses · Associations · Communities · Events

One circle. Many possibilities.

A circle of people, drums and percussion: everyone brings their own rhythm and helps create music together. No musical experience is needed. All it takes is curiosity, a willingness to listen and the desire to get involved.

Created and led by Davide Roberto, percussionist, music teacher and Drum Circle facilitator trained in Village Music Circles, Drumtastic Circle offers participatory musical experiences for children, young people and adults, schools, businesses, associations and communities.

The circle becomes a space to meet, express yourself and discover the joy of doing something together. Every contribution has a place: a simple rhythm, a pause or a musical idea can change the sound of the whole group.

One experience, different possibilities

Drumtastic Circle can take the form of an engaging event session, an educational workshop, a team-building day or a programme delivered over several sessions.

Facilitation draws on Arthur Hull’s Village Music Circles approach. When relevant to the group’s aims, rhythmic and reflective activities based on the Rhythm2Recovery approach are included.

Content, duration and format are agreed according to participants’ ages, context and needs. A single session can open up a space for discovery and social connection; an ongoing programme allows themes and skills to be explored in greater depth over time.

What can grow within the circle

Through rhythm games, guided improvisation, percussion, voice and movement, the activities aim to encourage:

- mutual listening, communication and collaboration;
- creativity, musicality and coordination;
- confidence in one’s abilities and appreciation of individual contributions;
- emotional awareness and the ability to pause, observe and choose;
- a sense of belonging, respect for differences and participation;
- the joy of being together, self-expression and a sense of wellbeing.

There is no performance to prove: the focus is on the process, participation and what the group can create together.

From rhythm to connection: Discovering Rhythm2Recovery

The programme is now enriched by the tools Davide Roberto gained through the 18-hour Rhythm2Recovery professional development training, completed in November 2026.

Developed by Simon Faulkner, Rhythm2Recovery combines rhythmic and musical activities with moments of reflection and sharing to support social and emotional development.

Within Drumtastic Circle, this approach complements musical engagement with activities addressing practical themes: listening and being heard, recognising emotions, facing difficulties, asking for support, respecting differences and finding one’s place in the group.

A change in rhythm can become an opportunity to reflect on how we respond to something new; alternating sound and silence can help us explore listening and waiting; building a sequence together allows us to observe how we collaborate.

The musical experience thus provides a starting point for bringing new awareness into everyday life. Sharing is always optional: everyone can take part without feeling obliged to talk about personal experiences.



Growing through rhythm





Schools and educational settings

In schools, summer camps and extracurricular activities, Drumtastic Circle offers a practical, engaging way to work on rhythm, attention, creativity and cooperation.

Children and young people can explore taking turns, alternating between leading and listening, and the responsibility of contributing to a shared outcome. Integrating Rhythm2Recovery activities also creates space for recognising emotions, peer relationships, a sense of belonging and choices that respect oneself and others.

Programmes can form part of projects focused on social and emotional learning, inclusion and preventing exclusion. Adaptations for students with special educational needs are agreed with teachers and educators, considering communication styles, sensitivity to sound and participation time.

Events, families and summer camps

At festivals, celebrations, cultural events and family gatherings, Drumtastic Circle becomes a participatory orchestra where the audience joins in the music.

Listening games, percussion dialogues and collective improvisation allow children and adults to share an activity that is accessible even to those who have never played an instrument.

Summer camps can offer individual sessions or progressive programmes combining play, creativity, collaboration and the exploration of emotions.

Listen. Collaborate. Create.





Businesses, organisations and team building

Playing together makes the relationship between individual contribution and collective achievement immediately tangible: when listening and collaboration change, the music changes too.

Drumtastic Circle offers colleagues and teams a participatory experience to connect outside their usual workplace dynamics, try different roles and tackle a shared creative challenge.

Rhythmic activities, accompanied where appropriate by brief moments of reflection, allow participants to explore communication, trust, flexibility, shared leadership and responses to unexpected situations.

The programme can be designed for corporate events, training days, welcoming new colleagues and initiatives supporting organisational wellbeing.

Associations, communities and social inclusion

The circle also offers a chance for people of different backgrounds, ages and cultures to connect. Music allows communication to begin through gestures, sounds and listening, alongside words.

For associations, cooperatives, day centres and reception services, Drumtastic Circle offers activities focused on participation, getting to know one another and recognising personal strengths.

In programmes incorporating Rhythm2Recovery, musical activities can support reflection on identity, belonging, mutual support and respectful relationships. Goals and methods are agreed with the relevant staff.

Space to listen and connect





Care and support settings

In residential care homes, older people’s care facilities, hospitals and personal support services, activities can create opportunities for expression, social interaction and connection among residents, service users and staff.

The programme is adapted to the group’s needs, with attention to sound levels, breaks, physical abilities and individual sensitivities.

In mental health services, addiction recovery communities and other settings involving particular vulnerability, any programme is designed with the relevant team, within agreed educational and relational goals.

Wellbeing, listening and awareness

Drumtastic Circle can also be part of wellbeing days, holistic gatherings and personal development programmes, through experiences of listening, rhythm, movement and presence.

Alternating energy and stillness, sound and silence encourages attention to the present experience and to relationships with others. Moments of reflection can help participants recognise personal strengths and ways of taking part in the group.

The programme centres on people’s comfort, freedom to participate and the pleasure of a shared musical experience.

Davide Roberto



Davide Roberto is an innovative Italian percussionist and singer from Puglia, currently based in Rome. He holds a degree in Musicology, with a thesis in Ethnomusicology on the history and techniques of traditional Italian frame drums (Tamburello and Tammorra). He attended the Music Education course for children aged 0–5 at Associazione MusicaNova. He is a certified Drum Circle Facilitator through Harshil Filippo Chiostri's VMC Drum Circle Facilitator Training. He is also a sound technician with a qualification recognised by the Absonant Training Centre (Rome).

In November 2026, he completed the 18-hour Rhythm2Recovery professional development training, focused on using rhythmic, musical and reflective activities to support social and emotional development.

Self-taught from an early age, he has also studied with renowned Italian percussionist Massimo Carrano. His musical work spans world music, folk music and ethno jazz. Within these genres, he performs at live music clubs in Rome and at numerous Italian and European festivals, with his own musical projects and in collaboration with acclaimed artists in the field. In summer 2017, he performed at pop star Madonna's birthday celebration. He is a founding member of Progetto Migala, a band exploring the diverse influences that shape southern Italy's traditional music; their album World 'n' Folk Music (2014) won the World Music Network's "Battle of the Bands" competition in the United Kingdom.

With Progetto Migala, he took part in the Folk Ever series, organised by the Italian Cultural Institute of Hong Kong and Macao at the Shouson Theatre, Hong Kong Arts Centre. He is also currently involved with the musical projects Zafarán (United States – Italy), Paola Bivona (Tuscany), Zenìa Folk Immaginario (Rome), Tarantrád and Gimbo Musica (Rome).

He contributed to organising the prestigious "Suoni del Mediterraneo" Festival in Andria, an event held under UNESCO's patronage. In Rome and throughout Italy, he teaches ethnic percussion and leads Drum Circles through his rhythm workshop, "Drumtastic Circle".

He also teaches percussion online (Skype, Zoom, etc.).

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Everyone brings a rhythm.

Together we can turn it into music, wellbeing, social connection, relationships and emotional expression.

Let’s build a programme for your group

Looking for an experience for a school, business, community or event?

Tell me who will take part, what occasion you have in mind and which goals you would like to explore. Together, we will define the most suitable format, duration and approach.

Davide Roberto

Percussionist · Music Teacher · Drum Circle Facilitator · R2R Facilitator

Village Music Circles Training
Rhythm2Recovery Professional Development Training

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